

THE MEAD ACADEMY TRUST - FOOD ALLERGEN ADVICE NOTE

WEEK 1,4 & 7 TERM 1													
Menu Item/Allergen	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Molluscs
JACKET POTATO WITH TUNA AND SWEETCORN			X	X			X						
JACKET POTATO WITH CHEESE AND BEANS							X						
FRESH FRUIT PLATTER													
BEEF BOLOGNESE PASTA TWISTS	X								X				
LENTIL BURGERS WITH SWEET POTATO	X								X				
PORK SAUSAGE ROAST WITH YORKSHIRE PUDDING	X		X				X						
TOMATO AND PEPPER BAKE	X						X		X				
CHOC ICE CREAM ROLL	X						X						
HOMEMADE HAM PIZZA	X						X						
HOMEMADE CHEESE AND TOMATO PIZZA	X						X						
BANANA CAKE	X		X				X						
BREADED FISH WITH CHIPS	X			X						X			
VEG SAUSAGE TOAD IN THE HOLE	X		X				X						
LAMB KABSA									X				

WEEK 2 & 5 TERM 1													
Menu Item/Allergen	Gluten	Crustaceans	Eggs	Fish	Peanuts	Soya Beans	Milk	Nuts	Celery	Mustard	Sesame	Sulphur Dioxide	Molluscs
CHEESE AND HAM MACARONI	X						X			X			
VEG AND CHICK PEA PAELLA									X				
BLUEBERRY SPONGE	X		X										
COTTAGE PIE							X		X				
POTATO TOPPED LENTIL AND VEG PIE							X		X				

