

HILPERTON & WINGFIELD

TERM 3 2022-2023

Dear Parents/Carers

Welcome to our Term 3 Menu for 2022-2023.

Please find overleaf the menu for Term 3. Please email your meal choices, by entering a 'x' in the relevant box and return as a word document to office@themed.wilts.sch.uk. **The cost is £2.55 per meal for Nursery and KS2 children.**

KS1 Children

Please note that if a menu has not been completed and returned for your child, the main course option will be booked to ensure a meal is provided.

KS2 Children

If your child is eligible for Free School Meals, we do still require you to complete a menu and return it to the office to ensure we have catered correctly for your child. If a menu is not returned a main course option will be booked. Please make sure when completing the menu x is used to choose your selection

All payments required for school meals needs to be made via Arbor. Please calculate the amount you need to pay - this must be paid for on Arbor .

We aim to provide a nutritionally balanced menu that meets the standards set by the School Food Trust. We use quality ingredients that are:

- Produced locally
- From sustainable sources or ethically supplied
- Farm assured, i.e. meat that carries the red tractor logo
- Approved by the Marine Conservation Society (Fish)

All hot meals are served with a selection of seasonal vegetables which will include some of the following: carrots, broccoli, green beans, sweetcorn and cabbage. We also offer a daily meat-free option, suitable for vegetarians.

Drinking water, milk and bread is freely available. All children will be offered the main dessert option; however, seasonal fruit will be available as an alternative.

Please be aware the menu may change due to situations beyond our control.

If you have any special dietary needs, please contact the school office to discuss your menu options.

Food Allergen Advice Note: This is available on our website.

Dietary Requirements: Please complete this section in full on each menu submitted

If your child has a specific dietary requirement, we kindly request that this must be supported by a medical document.

Other Requirements: Please complete this section in full on each menu submitted

Please put any parental preferences, cultural requirements or other dietary wishes in this section.

Dietary Requirements: (Please tick)		Other Requirements: (Please indicate)	
Gluten Free		Halal	
Dairy Free		Kosher	
Nut Free			
Wheat Free			
Other (please specify)			



CHILD'S NAME: CHILD'S CURRENT CLASS:		OFFICE USE ONLY	
		INITIALS:DATE:.....	
		TOTAL:	

**PLEASE MARK YOUR CHOICE WITH 'X' FOR EITHER THE MAIN, VEGETARIAN OR JACKET POTATO OPTION EACH DAY
PLEASE DO NOT HIGHLIGHT**

W/C: 02/01/2023 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	School Holiday	TD Day	Chicken, Ham and Sweetcorn Pie	Sausage Roast with Roast potatoes	Breaded Fish and Chips
VEGETARIAN			Vegetable Potato Croquettes	Broccoli Pasta Bake with Wholemeal Pasta	Vegetable Fingers and Chips
JACKET POTATO			With Choice of Fillings	With Choice of Fillings	With Choice of Fillings
DESSERT			Raisin Cookies	Apple Sponge	Chocolate Cookies
				KS2 TOTAL	£.....

W/C: 09/01/2023 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Macaroni Cheese	Pepperoni Pizza	Beef Chilli with Wholegrain Rice	Roast Chicken with Roast Potatoes	Fish Pie
VEGETARIAN	Vegetable and Bean Chilli	Polish Potato Dumplings topped with Roast Vegetables	Sweet Potato, Spinach and Chickpea Curry	Lentil Loaf Roast	Tomato and Basil Pasta Bake
JACKET POTATO	With Choice of Fillings	With Choice of Fillings	With Choice of Fillings	With Choice of Fillings	With Choice of Fillings
DESSERT	Lemon Drizzle Cake	Melon	Chocolate Muffins	Banana Cake	Ice Cream
				KS2 TOTAL	£.....

W/C: 16/01/2023 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Cheese and Tomato Pizza	Beef Lasagne	Halal Chicken Curry and Rice	Roast Pork with Roast Potatoes	Fish Fingers and Chips
VEGETARIAN	Vegetable Risotto with Wholegrain Rice	Vegetarian Pasta Bolognese	Vegetable Burger and Chips	Quorn Sausage Roast with Roast Potatoes	Cauliflower Cheese
JACKET POTATO	With Choice of Fillings	With Choice of Fillings	With Choice of Fillings	With Choice of Fillings	With Choice of Fillings
DESSERT	Fruit Yogurts	Carrot Cake	Apple Crumble Cake with Custard	Vanilla Cherry Cookies	Chocolate Brownies
				KS2 TOTAL	£.....

W/C 23/01/2023 4	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
MAIN COURSE	Cheese and Tomato Pasta Bake		Pork Goulash		Chicken, Ham and Sweetcorn Pie		Sausage Roast with Roast potatoes		Breaded Fish and Chips		
VEGETARIAN	Vegetable Tangine and Cous Cous		Lentil Ragu with Courgetti		Vegetable Potato Croquettes		Broccoli Pasta Bake with Wholemeal Pasta		Vegetable Fingers and Chips		
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		
DESSERT	Flapjack		Raspberry Cake with Custard		Raisin Cookies		Apple Sponge		Chocolate Cookies		
								KS2 TOTAL		£.....	

W/C: 30/01/2023 5	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
MAIN COURSE	Macaroni Cheese		Pepperoni Pizza		Beef Chilli with Wholegrain Rice		Roast Chicken with Roast Potatoes		Fish Pie		
VEGETARIAN	Vegetable and Bean Chilli		Polish Potato Dumplings topped with Roasted Vegetables		Sweet Potato, Spinach and Chickpea Curry		Lentil Loaf Roast		Tomato and Basil Pasta Bake		
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		
DESSERT	Lemon Drizzle Cake		Melon		Chocolate Muffins		Banana Cake		Ice Cream		
								KS2 TOTAL		£.....	

W/C: 06/02/2023 6	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
MAIN COURSE	Cheese and Tomato Pizza		Beef Lasagne		Halal Chicken Curry and Rice		Roast Pork with Roast Potatoes		Fish Fingers and Chips		
VEGETARIAN	Vegetable Risotto with Wholegrain Rice		Vegetarian Pasta Bolognese		Vegetable Burger and Chips		Quorn Sausage Roast with Roast Potatoes		Cauliflower Cheese		
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		
DESSERT	Fruit Yogurts		Carrot Cake		Apple Crumble Cake with Custard		Vanilla Cherry Cookies		Chocolate Brownies		
								KS2 TOTAL		£.....	

