

# THE MEAD ACADEMY KITCHEN

## HILPERTON & WINGFIELD

### TERM 3 2021 - 2022

Dear Parents/Carers

Welcome to our Term 3 Menu for 2021 - 2022.

Please find overleaf the menu for Term 3. Please email your meal choices to [office@themead.wilts.sch.uk](mailto:office@themead.wilts.sch.uk) by 9.00am on Monday 29<sup>th</sup> November 2021. **The cost is £2.30 per meal for Nursery and KS2 children.**

#### KS1 Children

Please note that if a menu has not been completed and returned for your child, the main course option will be booked to ensure a meal is provided.

#### KS2 Children

If your child is eligible for Free School Meals, we do still require you to complete a menu and return it to the office to ensure we have catered correctly for your child. If a menu is not returned a main course option will be booked.

**All payments required for school meals needs to be made via Pay360. Please calculate the amount you need to pay - this must be paid for on Pay360 by 9.00am on Monday 29th November 2021.**

We aim to provide a nutritionally balanced menu that meets the standards set by the School Food Trust. We use quality ingredients that are:

- Produced locally
- From sustainable sources or ethically supplied
- Farm assured, i.e. meat that carries the red tractor logo
- Approved by the Marine Conservation Society (Fish)

All hot meals are served with a selection of seasonal vegetables which will include some of the following: beetroot, cabbage, brussel sprouts, butternut squash and broccoli. We also offer a daily meat-free option, suitable for vegetarians.

Drinking water, milk and bread is freely available. All children will be offered the main dessert option; however, seasonal fruit will be available as an alternative.

Please be aware the menu may change due to situations beyond our control.

If you have any special dietary needs, please contact the school office to discuss your menu options.

Food Allergen Advice Note: This is available on our website.

**Dietary Requirements: Please complete this section in full on each menu submitted**

If your child has a specific dietary requirement, we kindly request that this must be supported by a medical document.

**Other Requirements: Please complete this section in full on each menu submitted**

Please put any parental preferences, cultural requirements or other dietary wishes in this section.

Dietary Requirements: (Please tick)		Other Requirements: (Please indicate)	
Gluten Free		Halal	
Dairy Free		Kosher	
Nut Free			
Wheat Free			
Other (please specify)			

<b>CHILD'S NAME:</b>		<b>OFFICE USE ONLY</b>
<b>CHILD'S CLASS:</b>		INITIALS: .....DATE:.....
		TOTAL: .....

**PLEASE TICK EITHER THE MAIN, VEGETARIAN OR JACKET POTATO OPTION EACH DAY.**

W/C:03/01/2022 1	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	<b>BANK HOLIDAY</b>		<b>INSET DAY</b>		Pasta Bolognese		Sausage and Mash		Fish Fingers and Chips	
<b>VEGETARIAN</b>					Quorn Sausage Puff		Vegetable Stew and Dumplings		Cauliflower and Broccoli Cheese	
<b>JACKET POTATO</b>					Cheese and Beans		Cheese and Beans		Cheese and Beans	
<b>DESSERT</b>					Fruit Platter		Ice Cream		Carrot Cake	

<b>KS2 TOTAL</b>	£.....
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W/C:10/01/2022 2	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Creamy Mushroom Pasta		Sausage Casserole		Chinese Chicken Curry		Cottage Pie		Breaded Fish and Wedges	
<b>VEGETARIAN</b>	Vegetable Noodle Stir Fry		Vegetable Chilli with Rice		Vegetable Lasagne		Tomato and Courgette Risotto		Sweet Potato Curry	
<b>JACKET POTATO</b>	Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans	
<b>DESSERT</b>	Yoghurt		Oat and Apricot Cookie		Melon Pieces		Cherry Muffin		Jam Sponge	

<b>KS2 TOTAL</b>	£.....
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W/C:17/01/2022 3	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Sweet and Sour Vegetables with Rice		Tuna Pasta Bake		Moussaka		Chicken Roast		Fish Pie	
<b>VEGETARIAN</b>	Vegetable Burgers		Cheese and Spinach Cannelloni		Cheese and Tomato Pizza		Sweet Potato Topped Vegetable Pie		Cheese and Onion Pasty	
<b>JACKET POTATO</b>	Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans	
<b>DESSERT</b>	Chocolate Brownie		Fruit Platter		Yoghurt		Vanilla Shortbread		Raspberry Muffin	

<b>KS2 TOTAL</b>	£.....
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W/C:24/01/2022 4	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Macaroni Cheese		Ham Pizza		Pasta Bolognese		Sausage And Mash		Fish Fingers and Chips	
<b>VEGETARIAN</b>	Vegetable Curry		Cheese and Onion Quiche		Quorn Sausage Puff		Vegetable Stew and Dumplings		Cauliflower and Broccoli Cheese	
<b>JACKET POTATO</b>	Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans	
<b>DESSERT</b>	Chocolate Drizzle Flapjack		Yoghurt		Fruit Platter		Ice Cream		Carrot Cake	
								<b>KS2 TOTAL</b>		£.....

W/C:31/01/2021 5	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Creamy Mushroom Pasta		Sausage Casserole		Chinese Chicken Curry		Cottage Pie		Breaded Fish And Wedges	
<b>VEGETARIAN</b>	Vegetable Noodle Stir Fry		Vegetable Chilli with Rice		Vegetable Lasagne		Tomato and Courgette Risotto		Sweet Potato Curry	
<b>JACKET POTATO</b>	Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans	
<b>DESSERT</b>	Yoghurt		Oat and Apricot Cookie		Melon Pieces		Cherry Muffin		Jam Sponge	
								<b>KS2 TOTAL</b>		£.....

W/C:07/02/2022 6	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Sweet and Sour Vegetables with Rice		Tuna Pasta Bake		Moussaka		Chicken Roast		Fish Pie	
<b>VEGETARIAN</b>	Vegetable Burgers		Cheese and Spinach Cannelloni		Cheese and Tomato Pizza		Sweet Potato Topped Vegetable Pie		Cheese and Onion Pasty	
<b>JACKET POTATO</b>	Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans	
<b>DESSERT</b>	Chocolate Brownies		Fruit Platter		Yoghurt		Vanilla Shortbread		Raspberry Muffin	
								<b>KS2 TOTAL</b>		£.....

W/C:14/02/20212 7	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Macaroni Cheese		Ham Pizza		Pasta Bolognese		Sausage And Mash		Fish Fingers and Chips	
<b>VEGETARIAN</b>	Vegetable Curry		Cheese and Onion Quiche		Quorn Sausage Puff		Vegetable Stew and Dumplings		Cauliflower and Broccoli Cheese	
<b>JACKET POTATO</b>	Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans		Cheese and Beans	
<b>DESSERT</b>	Chocolate Drizzle Flapjack		Yoghurt		Fruit Platter		Ice Cream		Carrot Cake	
								<b>KS2 TOTAL</b>	£.....	

TOTAL PAID:.....

SIMS PAY TRANSACTION NUMBER:.....