

# HILPERTON & WINGFIELD

## TERM 2 2022-2023

Dear Parents/Carers

Welcome to our Term 2 Menu for 2022-2023.

Please find overleaf the menu for Term 2. **The cost is £2.55 per meal for Nursery and KS2 children.**

### KS1 Children

Please note that if a menu has not been completed and returned for your child, the main course option will be booked to ensure a meal is provided.

### KS2 Children

If your child is eligible for Free School Meals, we do still require you to complete a menu and return it to the office to ensure we have catered correctly for your child. If a menu is not returned a main course option will be booked. Please make sure when completing the menu x is used to choose your selection

**All payments required for school meals needs to be made via Arbor. Please calculate the amount you need to pay - this must be paid for on Arbor**

We aim to provide a nutritionally balanced menu that meets the standards set by the School Food Trust. We use quality ingredients that are:

- Produced locally
- From sustainable sources or ethically supplied
- Farm assured, i.e. meat that carries the red tractor logo
- Approved by the Marine Conservation Society (Fish)

All hot meals are served with a selection of seasonal vegetables which will include some of the following: carrots, broccoli, green beans, sweetcorn and cabbage. We also offer a daily meat-free option, suitable for vegetarians.

Drinking water, milk and bread is freely available. All children will be offered the main dessert option; however, seasonal fruit will be available as an alternative.

Please be aware the menu may change due to situations beyond our control.

If you have any special dietary needs, please contact the school office to discuss your menu options.

Food Allergen Advice Note: This is available on our website.

**Dietary Requirements: Please complete this section in full on each menu submitted**

**If your child has a specific dietary requirement, we kindly request that this must be supported by a medical document.**

**Other Requirements: Please complete this section in full on each menu submitted**

**Please put any parental preferences, cultural requirements or other dietary wishes in this section.**

Dietary Requirements: (Please tick)		Other Requirements: (Please indicate)	
Gluten Free		Halal	
Dairy Free		Kosher	
Nut Free			
Wheat Free			
Other (please specify)			



<b>CHILD'S NAME:</b>		<b>OFFICE USE ONLY</b>
<b>CHILD'S CLASS:</b>		INITIALS: ..... DATE:.....
		TOTAL: .....

**PLEASE MARK YOUR CHOICE WITH 'X' FOR EITHER THE MAIN, VEGETARIAN OR JACKET POTATO OPTION EACH DAY  
PLEASE DO NOT HIGHLIGHT**

W/C: 31/10/2022 1	MONDAY INSET DAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY Bonfire Night	
<b>MAIN COURSE</b>			Beef Pasta Bolognese		Pepperoni Pizza		Roast Chicken and Roast Potatoes		Hot Dog and Chips	
<b>VEGETARIAN</b>			Sweet Potato, Spinach and Coconut Curry		Vegetable Meatballs and Pasta		Quorn Sausage Roast and Roast Potatoes		Catherine Wheel Pizza	
<b>JACKET POTATO</b>			With a Choice of Fillings		With a Choice of Fillings		With a choice of Fillings		With a choice of Fillings	
<b>DESSERT</b>			Fresh Fruit		Fruit Crumble		Raspberry and Chocolate Cake		Toffee Apple Cookie	
								<b>KS2 TOTAL</b>	£.....	

W/C: 07/11/2022 2	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Winter Vegetable Casserole with Cous Cous		Meatball Pasta Bake		<b>Halal</b> Chicken and Mash		Roast Sausage and Roast Potatoes		Breaded Fish Cake and Wedges	
<b>VEGETARIAN</b>	Cheese and Tomato Pizza		Quorn Sausage Pasta Bake		Cheese and Onion Quiche		Macaroni Cheese		Vegetable Burger and Wedges	
<b>JACKET POTATO</b>	With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings	
<b>DESSERT</b>	Fruit		Carrot Cake		Flapjack		Banana Cake		Chocolate Cookies	
								<b>KS2 TOTAL</b>	£.....	

W/C: 14/11/2022 3	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY Children in Need	
<b>MAIN COURSE</b>	Macaroni Cheese		Beef Chilli and Rice		Chicken and Leek Pie		Roast Pork and Roast Potatoes		Fish Fingers and Chips	
<b>VEGETARIAN</b>	Vegetable Lasagne		Cheese and Potato Pie		Winter Vegetable Risotto		Roast Vegetable Savoury Crumble		Quorn Sausage and Chips	
<b>JACKET POTATO</b>	With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings	
<b>DESSERT</b>	Pear and Chocolate Sponge Cake		Vanilla Cookies		Cherry Flapjack		Apple and Sultana Cake		Pudsey Biscuit	
								<b>KS2 TOTAL</b>	£.....	

W/C: 21/11/2022 4	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Cheese and Onion Pasty		Beef Pasta Bolognese		Pepperoni Pizza		Chicken Roast and Roast Potatoes		Breaded Fish and Chips	
<b>VEGETARIAN</b>	Sweet and Sour Vegetables and Noodles		Sweet Potato, Spinach and Coconut Curry		Vegetable Meatballs and Pasta		Quorn Sausage Roast and Roast Potatoes		Vegetable Fingers and Chips	
<b>JACKET POTATO</b>	With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings	
<b>DESSERT</b>	Jam Sponge		Fresh Fruit		Fruit Crumble		Raspberry and Chocolate Cake		Ice Cream	
								<b>KS2 TOTAL</b>	£.....	

W/C: 28/11/2022 5	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Winter Vegetable Casserole with Cous Cous		Meatball Pasta Bake		<b>Halal</b> Chicken and Mash		Roast Sausage and Roast Potatoes		Breaded Fish Cake and Wedges	
<b>VEGETARIAN</b>	Cheese and Tomato Pizza		Quorn Sausage Pasta Bake		Cheese and Onion Quiche		Macaroni Cheese		Vegetable Burger and Wedges	
<b>JACKET POTATO</b>	With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings	
<b>DESSERT</b>	Fruit		Carrot Cake		Flapjack		Banana Cake		Chocolate Cookie	
								<b>KS2 TOTAL</b>	£.....	

W/C: 05/12/2022 6	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
<b>MAIN COURSE</b>	Macaroni Cheese		Beef Chilli and Rice		Chicken and Leek Pie		Roast Pork and Roast Potatoes		Fish Fingers and Chips	
<b>VEGETARIAN</b>	Vegetable Lasagne		Cheese and Potato Pie		Winter Vegetable Risotto		Roast Vegetable Savoury Crumble		Quorn Sausage and Chips	
<b>JACKET POTATO</b>	With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings	
<b>DESSERT</b>	Pear and Chocolate Sponge Cake		Vanilla Cookies		Cherry Flapjack		Apple and Sultana Cake		Lemon Shortbread	
								<b>KS2 TOTAL</b>	£.....	

W/C: 12/12/2022 7	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY Christmas Dinner	
<b>MAIN COURSE</b>	Cheese and Onion Pasty		Beef Pasta Bolognaise		Pepperoni Pizza		Breaded Fish and Chips		Roast Turkey Dinner with Roast Potatoes	
<b>VEGETARIAN</b>	Sweet and Sour Vegetables Noodles		Sweet Potato, Spinach and Coconut Curry		Vegetable Meatballs and Pasta		Vegetable Fingers and Chips		Quorn Sausage Roast and Roast Potatoes	
<b>JACKET POTATO</b>	With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings		With a Choice of Fillings			
<b>DESSERT</b>	Jam Sponge		Fresh Fruit		Fruit Crumble		Raspberry and Chocolate Cake		Christmas Biscuit	
								<b>KS2 TOTAL</b>		£.....

**TOTAL PAID**.....