

HILPERTON & WINGFIELD

TERM 1 2022-2023

Dear Parents/Carers

Welcome to our Term 1 Menu for 2022-2023.

Please find overleaf the menu for Term 1. Please email your meal choices, by entering a 'x' in the relevant box and return as a word document to office@themed.wilts.sch.uk by 3.30pm on Monday 11th July 2022. **The cost is £2.55 per meal for Nursery and KS2 children.**

KS1 Children

Please note that if a menu has not been completed and returned for your child, the main course option will be booked to ensure a meal is provided.

KS2 Children

If your child is eligible for Free School Meals, we do still require you to complete a menu and return it to the office to ensure we have catered correctly for your child. If a menu is not returned a main course option will be booked. Please make sure when completing the menu x is used to choose your selection

All payments required for school meals needs to be made via Arbor. Please calculate the amount you need to pay - this must be paid for on Arbor by 3.30pm on Monday 11th July 2022.

We aim to provide a nutritionally balanced menu that meets the standards set by the School Food Trust. We use quality ingredients that are:

- Produced locally
- From sustainable sources or ethically supplied
- Farm assured, i.e. meat that carries the red tractor logo
- Approved by the Marine Conservation Society (Fish)

All hot meals are served with a selection of seasonal vegetables which will include some of the following: carrots, broccoli, green beans, sweetcorn and cabbage. We also offer a daily meat-free option, suitable for vegetarians.

Drinking water, milk and bread is freely available. All children will be offered the main dessert option; however, seasonal fruit will be available as an alternative.

Please be aware the menu may change due to situations beyond our control.

If you have any special dietary needs, please contact the school office to discuss your menu options.

Food Allergen Advice Note: This is available on our website.

Dietary Requirements: Please complete this section in full on each menu submitted

If your child has a specific dietary requirement, we kindly request that this must be supported by a medical document.

Other Requirements: Please complete this section in full on each menu submitted

Please put any parental preferences, cultural requirements or other dietary wishes in this section.

Dietary Requirements: (Please tick)		Other Requirements: (Please indicate)	
Gluten Free		Halal	
Dairy Free		Kosher	
Nut Free			
Wheat Free			
Other (please specify)			



CHILD'S NAME: CHILD'S CURRENT CLASS:	OFFICE USE ONLY			
	INITIALS:DATE:.....			
	TOTAL:			

**PLEASE MARK YOUR CHOICE WITH 'X' FOR EITHER THE MAIN, VEGETARIAN OR JACKET POTATO OPTION EACH DAY
PLEASE DO NOT HIGHLIGHT**

W/C: 05/09/2022 1	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAIN COURSE	Macaroni Cheese		Chicken Curry (Halal)		Sausage, Mash and Beans		Roast Pork and Roast Potatoes		Breaded Fish Fingers and Chips	
VEGETARIAN	Vegetable Tagine		Chinese Vegetables and Noodles		Red Pepper Pasta Bake		Roast Quorn Sausage		Vegetable Burger and Chips	
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings	
DESSERT	Melon Pieces		Apple Crumble and Custard		Chocolate Muffin		Oat and Raisin Cookie		Banana Cake	
								KS2 TOTAL	£.....	

W/C: 12/09/2022 2	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAIN COURSE	Cheese and Tomato Pizza		Tuna Pasta Bake		Chinese Chicken and Rice		Cottage Pie		Chicken Nuggets and Chips	
VEGETARIAN	Autumn Vegetable Risotto		Cauliflower Cheese		Vegetable Spring Roll and Rice		Macaroni Cheese		Vegetable Fingers and Chips	
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings	
DESSERT	Yoghurt		Fruit Platter		Raspberry Muffin		Upside-Down Apple Cake		Chocolate Brownie	
								KS2 TOTAL	£.....	

W/C: 19/09/2022 3	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAIN COURSE	Cheese and Tomato Pasta Bake		Pepperoni Pizza		Spaghetti and Meatballs		Roast Chicken And Roast Potatoes		Breaded Fish and Potato Wedges	
VEGETARIAN	Broccoli and Cheese Pierogi (Dumplings)		Cheese and Onion Quiche		Quorn Cottage Pie		Lentil Loaf Roast		Cheese and Bean Pasty	
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings	
DESSERT	Lemon Shortbread		Flapjack		Chocolate Cookie		Plum Crumble		Ice Cream	
								KS2 TOTAL	£.....	

W/C 26/09/2022 4	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAIN COURSE	Macaroni Cheese		Chicken Curry (Halal)		Sausage, Mash and Beans		Roast Pork And Roast Potatoes		Breaded Fish Fingers and Chips	
VEGETARIAN	Vegetable Tagine		Chinese Vegetables and Noodles		Red Pepper Pasta Bake		Roast Quorn Sausage		Vegetable Burger and Chips	
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings	
DESSERT	Melon Pieces		Apple Crumble and Custard		Chocolate Muffin		Oat and Raisin Cookie		Banana Cake	
								KS2 TOTAL	£.....	

W/C: 03/10/2022 5	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAIN COURSE	Cheese and Tomato Pizza		Tuna Pasta Bake		Chinese Chicken and Rice		Cottage Pie		Chicken Nuggets and Chips	
VEGETARIAN	Autumn Vegetable Risotto		Cauliflower Cheese		Vegetable Spring Roll and Rice		Macaroni Cheese		Vegetable Fingers and Chips	
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings	
DESSERT	Yoghurt		Fruit Platter		Raspberry Muffin		Upside-Down Apple Cake		Chocolate Brownie	
								KS2 TOTAL	£.....	

W/C: 10/10/2022 6	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
MAIN COURSE	Cheese and Tomato Pasta Bake		Pepperoni Pizza		Spaghetti and Meatballs		Roast Chicken and Roast Potatoes		Breaded Fish and Potato Wedges	
VEGETARIAN	Broccoli and Cheese Pierogi (Dumplings)		Cheese and Onion Quiche		Quorn Cottage Pie		Lentil Loaf Roast		Cheese and Bean Pasty	
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings		With Choice of Fillings	
DESSERT	Lemon Shortbread		Flapjack		Chocolate Cookie		Plum Crumble		Ice Cream	
								KS2 TOTAL	£.....	

W/C: 17/10/2022 7	MONDAY		TUESDAY		WEDNESDAY		THURSDAY	FRIDAY
MAIN COURSE	Macaroni Cheese		Chicken Curry (Halal)		Sausage, Mash and Beans		School Holidays	School Holidays
VEGETARIAN	Vegetable Tagine		Chinese Vegetables and Noodles		Red Pepper Pasta Bake			
JACKET POTATO	With Choice of Fillings		With Choice of Fillings		With Choice of Fillings			
DESSERT	Melon Pieces		Apple Crumble and Custard		Chocolate Muffin			
							KS2 TOTAL	£.....

TOTAL PAID.....