THE MEAD ACADEMY TRUST - FOOD ALLERGEN ADVICE NOTE

ASC - HILPERTON 2021-22 **Menu Item/Allergen**	**Gluten**	**Crustaceans**	**Eggs**	**Fish**	**Peanuts**	**Soya Beans**	**Milk**	**Nuts**	**Celery**	**Mustard**	**Sesame**	**Sulphur Dioxide**	**Lupin**	**Molluscs**
Quorn sausage and mash	X					X	x							
Jacket potato														
BBQ chicken and rice	X									x				
Vegetable enchilada pie	x					x	x							
Pasta carbonara	X		X				X		X					
Vegetable stuffed peppers									X					
Ham and pasta salad	X													
Vegetable chilli						X			X					
Hot dogs	X													
Tomato soup and roll	X						x		x					
Macaroni cheese	X						X							
Chicken and chorizo with rice							x							
Cheese and onion puff	X		X				X							
Pasta with salmon peas	X			x			X		x					
Pasta Bolognese	X								X					
Cheese ham and potato pie	X						X							
Sweetcorn and courgette fritter	X		X				X							
Spinach and courgette lasagne	X						X							
Meatball and garlic tray bake	X						x							
Sweet potato curry									X					
Sausage and mash bake	X						X		x					
Lemony chicken with cous cous	X								x					
Pizza	X						x							
Vegetable burger	X					X	X			x				